



# Head, Hearts and Hands Service Learning Program



## Year 10 Amana Living Dementia Advocates Program “Advocating for others”

### Overview

The Dementia Advocates work closely with Amana Living at their Lefroy Road Dementia Care Facility, to engage with those who suffer from Alzheimer's disease with the aim of improving their quality of life. During their visits students will interact with individual residents through walks, games, art and music. Students will advocate within the College and the wider community to promote understanding of Alzheimer's and to assist others to find ways of engaging compassionately and positively with those affected. Students will also organise drives within the College and wider community to collect materials used by Amana for therapy programs.

### Timing

Every Tuesday fortnight from 3:30pm – 4:30pm students, accompanied by a teacher, will visit the Lefroy Road facility.

### Curriculum Links:

#### **General Capabilities:**

##### *Personal and Social Capability*

- Contribute to civil society - plan, implement and evaluate ways of contributing to civil society at local, national regional and global levels
- Communicate effectively - formulate plans for effective communication (verbal, nonverbal, digital) to complete complex tasks
- Work collaboratively - critique their ability to devise and enact strategies for working in diverse teams, drawing on the skills and contributions of team members to complete complex tasks
- Develop leadership skills - propose, implement and monitor strategies to address needs prioritised at local, national, regional and global levels, and communicate these widely

### Engagement with All Saints' College Four Pillars of Service

#### Learning

##### **Intentional Learning:**

- To build awareness of Alzheimer's and encourage young adults to actively improve the quality of life for people with dementia.
- To develop the capacity of the Advocates to actively engage in matters of social responsibility to grow our community to be one of compassion, courage and care.
- To assist students, parents, teachers and the wider community to understanding Alzheimer's and assist them to find ways of engaging compassionately and positively with those affected.
-

# Head, Hearts and Hands Service Learning Program



## **Meaningful Service:**

The service that is available through this program is found when students develop an understanding of the experiences and challenges faced by those experiencing the symptoms of dementia and their families. Opportunities are provided for students to make a direct contribution and positive difference to these community members through their work at Amana Living. Through fundraising and advocacy work students are also able to educate their peers whilst providing material support to Amana Living and their Dementia Care Facilities.

## **Diversity:**

The diversity of this program comes from providing students with the opportunity to connect with community members who are experiencing the symptoms of dementia. By developing an understanding of the situations faced by the residents and their families, students are able to help break down barriers and advocate for members of the community who are often unable to do so themselves.

## **Partnership:**

This program is a part of our ongoing partnership with the Amana Living.