



Head, Hearts and Hands Service Learning Program



P&F Salvation Army

Cooking for the Homeless

“Continuing the Journey”

Overview

This program is seeking to bring members of the wider College Community together to plan, cook and package individual meals to cater for the needs of the homeless. To do this the College hosts four days each year (one per term) in the Food Technology rooms in which parents, students and staff are invited to cook and individually package up meals to be distributed by our partners at the Salvation Army.

The ingredients are provided by the P&F who will purchase a suitable amount of food to be cooked, as well as take away containers to pack the food in, with 25 participants registered for each of the morning and afternoon cooking sessions.

The program provides a social environment at which parents, staff and students can work alongside each other and provide over 400 pre-packaged meals each day to assist the homeless and those in need, through the Salvation Army.

Food cooked and packaged on these afternoons is transported to the Salvation Army to be frozen and handed out to those in need as a part of the Service that they offer.

Timing

Sunday afternoon (one each term, four per year) at 10.30am and 12.30pm.

Engagement with All Saints' College Four Pillars of Service Learning

Intentional Learning: Students, staff and parents gain an insight into the nutritional needs of those who are homeless and be involved in cooking meals on a mass produced level to meet the specific needs of a target group.

Meaningful Service: The service that is provided is the ready to eat meals with strong nutritional value, which is so often missing from the diet of the homeless. The meals will be highly accessible to the person receiving the meal and easy to store and hand out from the perspective of the Salvation Army.

Diversity: In terms of connecting with the diversity of the human experience beyond our own, this program will facilitate a growth of understanding about the needs of people in the wider community who are homeless and a connection with the difficulties that they face trying to have a nutritious diet. In terms of honouring a range of skills that can be used in the service of others, this program enables those who love to cook to enjoy social engagement

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with other members of the All Saints' community and use their culinary skills to make a positive difference in the world.

Partnership: This program is a part of our ongoing partnership with the Salvation Army.

The Leader in Me Link

Be Proactive

Seek First to Understand

Begin With the End in Mind

Think Win-Win

Synergise